

Directions to TMR Health Professionals  
36 Knockbreda Road (1<sup>st</sup> Floor)  
Belfast BT6 0JB  
Tel: 028 9066 1110

#### From M2 motorway

Follow signs for A24 Newcastle, onto Ravenhill Road  
200 yds after Cherryvale playing fields straight ahead at roundabout.  
50 yds turn LEFT into Rosetta Park - leads to Knockbreda Road,  
After 250 yds park on street or in Knock Eden Park  
Office is above a hair and beauty salon, located at the bus stop on your left.

#### From Lisburn

Take B23 towards Belfast (Saintfield exit on M1 Motorway)  
Follow signs for A55 Outer Ring (Bangor direction)  
350 yds after Forestside junction, passing Burger King, turn LEFT into Rosetta Road -  
leads to Knockbreda Road  
After 350 yds park on street or in Knock Eden Park  
Office is above a hair and beauty salon, located at the bus stop on your right.

#### From Belfast city centre

By car – take Ormeau Road (signs A24 Newcastle)  
Go through roundabout after 1.5 miles  
50 yds turn LEFT into Rosetta Park - leads to Knockbreda Road,  
After 250 yds park on street or in Knock Eden Park  
Office is above a hair and beauty salon, located at the bus stop on your left.

#### By bus

Routes 29, 29C, 30, 30C departing from Howard St via Gt Northern Mall and Shaftesbury Square.

Bus stop outside our office in Knockbreda Road, at Mt Eden Park.  
Office is above a hair and beauty salon, located beside the bus stop.

Routes 7A, 7B departing from Howard St, Belfast city centre  
Routes 77, 78, 79 departing from Wellington Place, Belfast city centre  
Alight on Ormeau Road at St John's Church and go down Knockbreda Road, going 1<sup>st</sup>  
left and then 1<sup>st</sup> right (still on Knockbreda Rd).

#### From M1 Motorway / Kings Hall

Following signs for A55 Outer Ring (Bangor direction)  
350 yds after Forestside junction, passing Burger King, turn LEFT into Rosetta Road -  
leads to Knockbreda Road  
After 350 yds park on street or in Knock Eden Park  
Office is above a hair and beauty salon, located at the bus stop on your right.

#### From Bangor and Newtownards

Following signs for A55 Outer Ring (Newcastle direction)  
RIGHT onto Cregagh Road (at 2<sup>nd</sup> set of traffic lights after Castlereagh Road)  
2<sup>nd</sup> LEFT onto Everton Drive  
RIGHT onto Rosetta Road East  
RIGHT onto Rosetta Road  
Straight on leads onto Knockbreda Road  
After 250 yds park on street or in Knock Eden Park  
Office is above a hair and beauty salon, located at the bus stop on your right.

